



March 13, 2020

The City of Show Low has been monitoring the new coronavirus called COVID-19 since its inception. COVID-19 is a respiratory disease that has similar symptoms to the seasonal flu, including fever, cough, and shortness or breath. The mortality rate is very low except for the elderly and those with chronic medical conditions who at higher risk for the disease, which is spreading throughout the world.

On Wednesday, the World Health Organization declared COVID-19 to be a pandemic. Today, President Trump declared a national emergency, which means the federal government can provide states with direct assistance to meet residents' needs for health care, shelter, food, and cash assistance, and more. Under the national emergency declaration, FEMA (Federal Emergency Management Agency) will be the coordinating agency for responding to the coronavirus.

The City is monitoring developments with COVID-19 and will closely follow recommendations and guidance from the Center for Disease Control, as well as state and county health departments. We will provide updates as the situation evolves.

If you have any flu-like symptoms, please contact your health provider and ask them what procedures you need to follow for a diagnosis and treatment. If you are sick and have a fever or cough, please stay home until you have recovered. Notices have been posted at city hall, library, public safety facility, aquatic center, and the public works yard asking patrons not to enter if they have a fever or cough. If you exhibit these symptoms, you will be asked to leave. Please contact the appropriate department by phone instead.

City Hall - 928-532-4000

Library - 928-532-4070

Aquatic Center - 928-532-4130

Public Safety Facility – 928-537-5091

Public Works Yard – 928-532-4100

We are monitoring the COVID-19 developments and will continue to provide our citizens with up-to-date information as we receive it and as the situation evolves. By following good health practices, we hope we are able to control the spread of this disease. Below are some suggestions that will greatly reduce the chance of being infected by someone with a cold, flu, or coronavirus.

**General tips that everyone should do to prevent the spread of all respiratory illnesses include:**

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Avoid shaking hands.
- Stay home when you are sick.
- If you feel sick, utilize telemedicine, if available, or call your healthcare facility prior to arrival. Summit Healthcare has a telemedicine site available at <https://www.summitcares.net/>.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not readily available, use an alcohol-based hand sanitizer.

Official information and updates from Navajo County can be easily and readily accessed at <https://navajocountyaz.gov/coronavirus>. The Department of Health Services (DHS) is leading all state-level efforts on COVID-19, and you can access their latest information at [www.Azhealth.gov/COVID-19](http://www.Azhealth.gov/COVID-19).